

Basketball

Ball activities help children with manipulative skills and movement concepts.

Children will be able to:

- Toss a ball back and forth
- Bounce a ball continuously using two hands
- Bounce a ball to another student
- Travel in a large group
- Play a simple game of basketball

Supports child growth in Kindergarten Standards

Physical Education

Movement Concepts:

- 1.1 Travel within a large group, without bumping into others or falling, while using locomotor skills.

Manipulative Skills:

- 1.13 Toss a ball to self, using the underhand throw pattern, and catch it before it bounces twice.
- 1.14 Bounce a ball continuously, using two hands.
- 2.6 Explain the role of the eyes when striking objects with the hands, arms, and feet.
- 2.8 Describe the position of the fingers in the follow-through phase of bouncing a ball continuously.



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Basketball Activities

CM School Supply

Materials	Item Number	Page Number
4-Ring Basketball Stand	772-901	53
6-Piece Basketball Set	772-902	53

Skill Development Activities:

Material set up: basketballs

Manipulative Skills:

- Students stand opposite each other (2-3 feet apart) and toss a ball back and forth.
- Student bounces a ball to another student.
- Student stands in one spot and bounces the ball continuously using two hands.
- Student stands behind a line and throws the ball into the hoop.

Movement Concepts and Manipulative Games:

Red Light, Green Light

- Each student lines up with a basketball.
- Student walks and dribbles the ball when "Green Light" is called.
- Student stops walking, dribbling, and holds the ball when "Red Light" is called.

Notes